

### STEP 1: GETTING STARTED

- \_\_\_\_\_ 1. Fill out and email the [New Associate Interview Form](#) back to your coach.
- \_\_\_\_\_ 2. Print out "[Set Up Your Income Goals](#)" and review with your coach
- \_\_\_\_\_ 3. Order and read the Eric Worre, "[Go Pro](#)" book
- \_\_\_\_\_ 4. Book and attend your first Isagenix event: [Isagenix Events Website](#)
- \_\_\_\_\_ 5. Plug into the WEEKLY Team Training calls.

**Mondays at 8:30pm (EST):** Team Calls Alternate Between;

- 6 Simple Systems Training Calls with Alexis Romano (Business Calls)
- Virtual Opportunity Meetings with Heather Haiduk (Prospecting Calls)

**Tuesdays at 9:00 pm (EST):**

Healthy Body Team Call Leadership Mentoring Zoom Webinar.

Link posted in HBT Facebook page each week.

### STEP 2: STEPS TO GET INTO ACTION

- \_\_\_\_\_ 1. Print out the [Memory Jogger](#) and [Referral Sheet](#) to help you with your initial contact list.  
Write a list of your first 50 people. Schedule a call with your coach to review it within 24-48 hours.
- \_\_\_\_\_ 2. Learn the [Social Media System for Facebook and Instagram](#)  
There are also Official Isagenix Podcasts on connecting on Facebook and Instagram on the first Podcast channel linked below.

### STEP 3: MINDSET WORK

- \_\_\_\_\_ 1. Listen to these mentor audios. These podcasts are constantly updated, a few a week is great to begin, but go at your own pace.

[Official Isagenix Podcast](#)

[Personal Power Podcast](#)

[Isagenix Training Library](#)

- \_\_\_\_\_ 2. Select a couple of Personal Development Books, download Audible, and incorporate embracing a growth mindset into your daily practice. Great examples are [Think and Grow Rich](#) & [The Success Principles](#).
- \_\_\_\_\_ 3. Schedule in some time every morning and evening for reflection, meditation, journaling, prayer, stretching, reading, or whatever works best for you to set your days bookends up for success!

### HERE IS A QUICK LIST OF SUPPLIES WE SUGGEST YOU PURCHASE TO GET YOURSELF ORGANIZED RIGHT FROM THE START:

1. Paper planner for all of your appointments, events, conference calls, etc.
2. One notebook for prospecting (list & notes for each prospect), small notebooks for doing 3 way calls with your team. Use dividers to keep yourself organized with your consultants/team.
3. Whiteboards: team, goals, events, etc.

**YOUR ROADMAP:**

**Set five 3-way calls with your coach**

*Target Timeframe: 1 week*

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

**2. Hit CONSULTANT (Enroll your first 2 customers)**

*Target Timeframe: 1-2 weeks*

1. \_\_\_\_\_
2. \_\_\_\_\_

**3. Hit MANAGER (Help 2 people become CONSULTANT)**

*Target Timeframe: 1-2 months*

1. \_\_\_\_\_
2. \_\_\_\_\_