Hi XXXXX,

I am looking forward to getting you started!  Text me when you get the box so I can walk you through it. Be on the lookout for an invite to our “We Got This” Cleanse group on Facebook for support, recipes and transformational pictures.

I’m CCing friends here to welcome and support you!

**FIRST:**

Click [here](https://hbteam.co/welcome-to-isagenix/weight-management/) and watch the video at the top of the page. Let me know if you’re a 1, 2 or 3. After that video, the rest of that page will help you maximize your results on this system.

**SECOND:**

Download the **[Isalife App](https://www.isagenix.com/en-us/isalife/landing" \t "_blank).**

UN: XXXXXXXX

PW: Dayspa01$

OR whatever you created when you created your account.

**THIRD:** Watch these 2 quick videos:

**[Shake Day Video](https://vimeo.com/737194847" \t "_blank)**

[**Cleanse Day Video**](https://vimeo.com/737166888)

And then, print out these corresponding documents:

[**30 Day Sheet**](https://hbteam.co/wp-content/uploads/2024/10/30-Day-Sheet_Revised_10_21.pdf)

[**Cleanse Day Schedule**](https://hbteam.co/wp-content/uploads/2024/10/Cleanse-Day-Schedule_NEW_10_21.pdf)

[**Food Shopping List**](https://hbteam.co/wp-content/uploads/2017/01/Extended-Food-Shopping-list-updated.pdf)

[**Measurements Tracker**](http://hbteam.co/wp-content/uploads/2016/08/Track-Your-Progress.pdf)

[A group of people on an escalator

Description automatically generated](https://www.youtube.com/embed/5ZOP-hvlRP4?feature=oembed)Keep in mind,Isagenix offers a very generous referral rewards program! Ask me how to earn the money back for your products through referrals.

You have made a wonderful decision and I am looking forward to hearing about all your amazing results!

[Click Here for Information about changing your Financial Future](https://youtu.be/5ZOP-hvlRP4)