

HARMONIA™

Multi-Symptom Menopause Relief

Experience mind-body harmony with a hormone-free, daily supplement that provides support for hot flashes, night sweats, sleeplessness, mood swings, irritability, and more.*



Why You'll Love It

- Helps target common menopausal symptoms like hot flashes, night sweats, mood swings, and sleeplessness.†
- Contains clinically proven ingredients at effective dosages to aid in menopause relief.†
- Naturally supports hormonal balance without added hormones or hormone-like compounds.†

What to Expect

Key findings from an internal study of 15 participants using Harmonia for 90 days revealed^:

- **100%** were pleased with their overall results and would repurchase
- **86%** reported being able to manage stress better
- **93%** noticed a reduction in hot flashes and night sweats
- **83%** noticed an improved mood and felt less irritable
- **87%** experienced an improvement in sleep quality
- **71%** noticed an improvement in vaginal and sexual health

When to Expect Results

Optimal results may take 2-3 months; however, in our consumer study, most noticed a difference within the first month. Take 2 Harmonia capsules daily to help feel the most relief from menopausal symptoms.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

^Individual results may vary. Statistics are based on a study of 15 participants using Harmonia for 90 days without hormone replacement therapy or lifestyle changes.



Gluten Free



Non-GMO



Soy Free



Quality Tested



Vegan



No artificial flavors, colors, or sweeteners

Visit isagenix.com for more information on flavors, packaging, and nutrition facts.

ISAGENIX®